

DRY COUGHS

REMEDY	ONSET	COUGH	EXPECTORATION	WORSE	BETTER	MISC./Concomitant Sx
Aconite	SUDDEN	Barking				May be frightened with the cough First stage CROUP
Belladonna	SUDDEN	Tickling, short, dry		Night		With hoarseness/loss of voice Larynx painful – as if something were in it during cough.
Bryonia	SLOW	Dry, hacking with stitching pains in chest & headache < during cough		Slightest movement Lying painful side	Hard pressure	DRYNESS everywhere – lips/throat/stools IRRITABLE - < disturbed
Coccus cacti		Dry, spasmodic, choking.	Thick and stringy (Kali-bi) Difficult (Kali-bi)	Brushing teeth 6 am/11.30 pm Warm food and drinks (opp Spo)	Cold air and drinks	
Drosera		Dry, irritating, barking, painful. WHOOPING cough type. Paroxysms so close together can't catch breath – may choke & retch	Cannot cough deep enough to get relief.	After midnight Lying (as soon as head touches pillow) Eating/drinking	Presses hands on chest and abdomen to get relief	
Rumex crispus		Dry, incessant, exhausting, violent. From tickling in supra sternal notch.	Constant desire to hack up mucus which brings no relief	Evening, 11 pm Touch/pressure on throat pit Talking - taking a deep breath Breathing cold air. Warm to cold	Warm air (Covers mouth with clothes or a blanket to warm up air.)	With incontinence.
Spongia tosta		Hard, barking, dry, irrepressible. Like a saw going through wood, ringing metallic sound From tickling in larynx		Deep breath Excitement Cold drinks	Warm drinks & food Bending head forward	Wakes a person with suffocated feeling around midnight. CROUP

LOOSE/WET COUGHS

REMEDY	ONSET	COUGH		WORSE	BETTER	MISC.
Antimonium tartaricum		Loose, rattling – respiration is audible from another room With dizziness	Chest full of mucus Sputum not hard to raise but too weak to cough it up			Chilly and very pale White coated tongue Quivering of lower jaw Very ill, exhausted, great drowsiness
Hepar sulph		Loose in the morning Choking fits with cough	Thick, yellow	Touch Cold	Warm moist weather	With hoarseness
Ipecac	Colds rapidly descend	Deep, wet cough with loud coarse rattling	Much phlegm – may lead to choking, gagging, vomiting with cough – hard to get a breath	Worse warm room		Clean tongue Capricious hunger for knows not what

OTHER COUGHS

REMEDY	ONSET	COUGH	DISCHARGE	WORSE	BETTER	MISC.
Causticum	Colds rapidly descend	Unsatisfactory cough Pain in chest with cough Rawsness in chest	Scanty – can't get it up so has to swallow it		Drinking water, cold drinks	Holds chest to cough (b/c pain) With incontinence
Phosphorus	Colds rapidly descend	Painful cough Tight chest – feels like a band		Talking/laughing Cold air Lying left side	Lying right side	> company Sick but doesn't show it/look it